

ENOUGH: THE POWER OF A LETTER

Life Group Questions | Sunday, March 3, 2019

Share a story when you experienced feeling disoriented—not knowing where exactly you were or how to get where you needed to go.

Read Colossians 1:1-2. How do these first few verses serve to “orient” its original hearers? What can we learn about the context?

Paul is writing this letter to the church at Colossae to remind them they are in Jesus and Jesus is in them. He is writing to remind them that Jesus is enough. What does the statement “Jesus is enough” mean to you? In what ways does it impact your day to day? Your thinking, feeling, relationships, decision making, etc. In what ways do you desire for that truth to impact your life?

Take turns reading aloud the following verses from Colossians reminding us Jesus is enough:

- *In Jesus we have hope for the future. (1:5)*
- *In Jesus we can please God in every way. (1:10)*
- *In Jesus we share a great inheritance. (1:12)*
- *In Jesus we are redeemed, forgiven and rescued from the dominion of darkness. (1:13-14)*
- *In Jesus we are at peace with God and others. (1:20, 3:15)*
- *In Jesus we are holy, blameless, healed and set free. (1:22-23)*
- *In Jesus we are built up, strengthened in our faith and overflowing with thankfulness. (2:7)*
- *In Jesus we made alive. (2:13)*
- *In Jesus we can be kind, compassionate, humble, patient and forgiving. (3:14)*
- *In Jesus we can serve others, love others and provide for others. (3:18-4:1)*

As you are willing, share the ways you try to “supplement” Jesus with other things to help you feel like you have enough, do enough, or are enough. How do these scripture passages describing Jesus’ “enoughness” resonate with you? Encourage you? Challenge you?

Wednesday 3/6 is Ash Wednesday on the church calendar. Ash Wednesday is the beginning of the season of Lent. Lent means *spring* and is the period of 40 days—not including Sundays—that lead up to Easter. It is meant to mirror what Jesus experienced when he went into the wilderness for 40 days before beginning his ministry. It’s typical during Lent to fast one thing from your life to help remind us of what is most important—to remind us that Jesus is enough.

What has been your experience of Lent in the past? Will you participate in Lent this year? If so, what one thing are you intending to fast from?

Pray together.