

CAIN & ABEL

Life Group Questions | Sunday, November 5, 2017

Do you have a favorite crime show, novel, or movie? What do you like about it?

Read Genesis 4. What similarities do you notice in the story of Cain and Abel and the story of Adam and Eve (**Genesis 2-3**)? How does God respond to sin in these stories?

The story in Genesis 4 describes sin as an active power in our world—*crouching at the door*—and looking to usurp God’s rule in our lives. What is your understanding of sin?

Read Romans 7:19 & James 1:13-15. Can you relate to the struggle and progression of sin described in these passages? How would you describe what this is like in your own words?

Scripture presents **confession**—*coming clean*—as the primary antidote to the rule of sin in our lives. Read and discuss the following texts and steps in confession. What aspect of confession is easiest for you? What is the most challenging? What does this process look like for you in your everyday life?

CONFESSION

1. Take an honest look at your life (**Psalm 139:23-24, 1 John 1:8**).
2. Own your sin (**Matthew 7:3-5**).
3. Ask God for forgiveness (**1 John 1:9**).

Pray together. Have one person **read Psalm 32:1-5** out loud. Begin your time of prayer with 2 minutes of silent confession to God.