

# CHOOSE YOUR OWN ADVENTURE

*Life Group Questions | Sunday, May 27, 2018*

Have you read a choose your own adventure book? When you hear the word adventure, what stories from your own life come to mind?

Discuss the following ways our lives speak to us:

**Psalm 139: 13-18** | Personality - Who has God made you to be?

**Romans 12:3-5** | Gifts - What are you good at?

*spiritualgifttest.com is a great, free resource for further exploration*

**Deuteronomy 4:9** | Experiences - Where have you been?

**Luke 10:27-28** | Passions - What do you love?

How have you engaged or explored these questions in your life? What has that journey looked like for you? How do these four areas inform your decision making?

Describe a moment in your life when you thought *"I was made for this."* What were the circumstances?

What is one way you are uniquely gifted to love people? How have you seen that play out?

What might God be inviting you into during this season of your life?

## **Pray together.**

Begin with two minutes of silent reflection using the Prayer of Examen:

- God, we ask for your Spirit to help us listen to our lives today.
- As you remember the day, reflect individually on the following questions:
  - What gave me life today?
  - What took away life today?
- In identifying life-giving patterns in our days, we can practice gratitude and pursue those choices, activities, and relationships we see. In identifying life-stealing daily patterns, we can practice confession and ask for God's help to avoid those choices, activities, and relationships we see.
- Take a few moments to silently pray about what gave and took life today.