

# YOU'LL GET THROUGH THIS: TROUBLE

*Life Group Questions | Sunday, June 14, 2020*

Take a few minutes to check in with one another. Tune in to your own heart. What ONE WORD would you use to describe how you are. This is a time to listen compassionately—not a time to fix, solve, or set other people straight.

**Read Genesis 39:6-23.** As you read, use your senses to imagine the story. Talk about the various characters and their emotions/reactions. What details stand out to you? What do you think the narrator was trying to communicate?

**Read Psalm 105:18-19.** God has the capacity to use everything in our lives—even evil and suffering—as training to shape us into the people He created us to be. How does this claim about God land with you? How have you seen God's "training" at work in your own life?

**Read 2 Corinthians 1:3-4 & discuss the following Life Lessons.** What resonates with you? Challenges you? What questions do you have? What stories can you share from your own life?

- **Training hurts.**
- **Training allows us to do tomorrow what we cannot do today.**

How might these statements shape your perspective on the troubles you face today?

**Pray for one another.**