

THE GOOD LIFE: The Gospel and Death

Life Group Guide | Sunday, November 21, 2021

Review the Group Guidelines.

What is happening in your body and heart as we begin to talk about death?

Read Philippians 1:18-24

What words, phrases, or ideas capture your attention from this passage?
What questions do you have?

How do you understand Paul's statement "to live is Christ"?

How do you understand Paul's statement "to die is gain"?

Do you tend to see death as more of an enemy or a friend? How so?

Memento mori was something followers of Jesus said in the Middle Ages. It is a Latin phrase that means *remember death*. We don't remember death in a morbid way and we don't seek death. **We remember death that we might fully live.** What could "remembering death" look like as a practice for you this week? How do you feel about participating in a practice like that?

What is something you want to continue to reflect on, pray over, change, or begin to practice this week as a result of this teaching?

Pray together. Close by reading 1 Corinthians 15:53-58.